

TOP HEALTH SCARES & SCAMS OF 2011

TONS OF
USEFUL STUFF

Mens' Health

DECEMBER 2011

SPECIAL ISSUE

SECRETS OF THE MALE BRAIN

- FOCUS YOUR ANGER
- TAME YOUR STRESS
- SHARPEN YOUR THINKING
- FIND YOUR KEYS

YOUR 90-MINUTE FINANCIAL TUNE-UP

TECH GUIDE 2012

FLIP THE BOOK

100 PERFECT GUY GADGETS

LET SUPERMODEL
IRINA SHAYK
STUFF YOUR STOCKING!

**ASHTON
KUTCHER**
LIFE IN THE
SOCIAL FISHBOWL

Ashton wears an
Alternative Apparel
T-shirt and
John Varvatos jeans





TECH GURU
ASHTON KUTCHER

RISE OF
THE
TWITTER
KING

Men'sHealth®

BREAKTHROUGHS
OF 2012!

TECH GUIDE

TESTED, TALLIED, RIDDEN, REDLINED, AND RANKED...

THE 100 BEST NEW PRODUCTS FOR MEN

15 GADGETS THAT WILL TURN HER ON / 3-D AND FLAT-SCREEN TV'S MADE SIMPLE /
4 DIGITAL CAMERA TRICKS THE PROS KNOW / THE TABLET COMPUTER THAT APPLE
IS AFRAID OF / POWER TOOLS FOR POWER GUYS / THE ULTIMATE HOME THEATER
RUNNING SHOES THAT WILL CRUSH YOUR PERSONAL BEST / 8 CARS WORTH TEST-DRIVING TODAY / THE SMARTEST SKIS
ON THE MOUNTAIN / VIDEO GAMES EVEN GROWN MEN CAN ENJOY / SUPERMODEL IRINA SHAYK MELTS OUR HARD DRIVES!



40

STELLARVUE RAPTOR SVR80ST-2

A great telescope proves to her that you've seen the world—and everything beyond it. Zoom in with this lightweight carbon-fiber marvel. Its 80 mm aperture, three-element apochromatic lens focuses light and color with **the least distortion of any lens design**. It doesn't just magnify, it *enhances*, with truer colors and with detail your naked eye can't detect. Hunt Saturn and Jupiter, or take her deep for nebulae and galaxies. \$1,530, stellarvue.com

41

TOSHIBA SL417U 55" LED TV

Where is that Netflix streaming app? Is it in the DVD player, the Xbox—or the toaster? When she's over to watch a movie—*watch the movie!* The versatility and quick access of built-in Wi-Fi make this **the most well-connected high-def wide-screen**. Instantly stream media from a home server, too—a trick usually found in much pricier sets. \$1,500, us.toshiba.com

42

SOUSVIDE SUPREME DEMI

You have appetizers and side dishes going—don't botch the entrée. Pack your steak, chicken, or fish into a vacuum-sealed bag, and this device will use heated water to **cook your dinner to perfection, with no risk of an overdone dish**. No crock. \$300, sousvidesupreme.com

43

BLUNT UMBRELLA

Carry this two-person umbrella on a date, and you won't get drenched keeping her dry. It's extra wide, and **it fights wind the way it should be fought—aerodynamically**. Radial tension deflects airflow, and reinforced ribbing withstands gusts of 70 mph. \$80, bluntusa.com

44

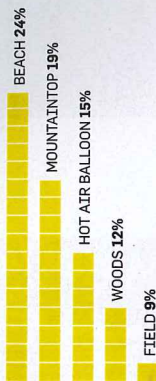
SHUN RESERVE PARING KNIFE

Show off your knife skills with this handcrafted blade. The blade's nickel coating **keeps food from clinging and helps retain sharpness**. \$190, kershawknives.com

45

JURA IMPRESSA J9

Be her barista with this Swiss marvel, which **makes the best latte, espresso, and cappuccino**. Just choose the beverage type, strength, and milk ratio. \$2,800, us.jura.com



SHOW HER YOUR TELESCOPE

The top five outdoor places couples most want to have sex.

47

WHARFEDALE DIAMOND 10.2 SPEAKERS

At 14 inches tall, the 10.2s are a fraction of the size of the Magneplanars (below), but their dynamics, imaging, and tonal accuracy are all hugely impressive. The bass—improved by the twin rear reflex ports—completes the sonic picture. **Our budget pick**. \$450, wharfedaleusa.com

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MAGNEPAN MAGNEPLANAR 1.7 SPEAKERS

THEY LOOK MORE LIKE DOORS THAN SPEAKERS. AND IN A SENSE, THEY ARE—THEY SEEM TO "OPEN UP" AND LET YOU HEAR INTO A RECORDING IN A WAY YOU CAN'T WITH CONVENTIONAL SPEAKERS. CREDIT THE QUASI-RIBBON-DRIVER TECHNOLOGY, WHICH SUSPENDS SUPER-THIN STRIPS OF MYLAR-BACKED FOIL IN A MAGNETIC FIELD. THE RESULT: THE BIG SPEAKERS SEEM TO DISAPPEAR, REPLACED BY A SOUNDSTAGE THAT'S AS DEEP AS IT IS WIDE. VOICES SOUND UNCANNILY REAL, AND THE BASS IS SURPRISINGLY SATISFYING FOR A DESIGN WITHOUT CONVENTIONAL WOOFERS. \$2,000, magnepan.com

